

FIRST, KNOW THYSELF: HOW DIFFERENT TYPES OF PROVIDERS ARE ENGAGING – AND SUCCEEDING – IN ALTERNATIVE PAYMENT MODELS

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AN ACO IS LIKE A UNICORN

Or, if you've seen one ACO, you've seen one ACO

Rather, ACOs are like animals...





DEVELOPMENT OF THE ACO TAXONOMY

Goal to identify the structural differences of ACOs

• Integration

Range of services directly furnished by the ACO

• Differentiation

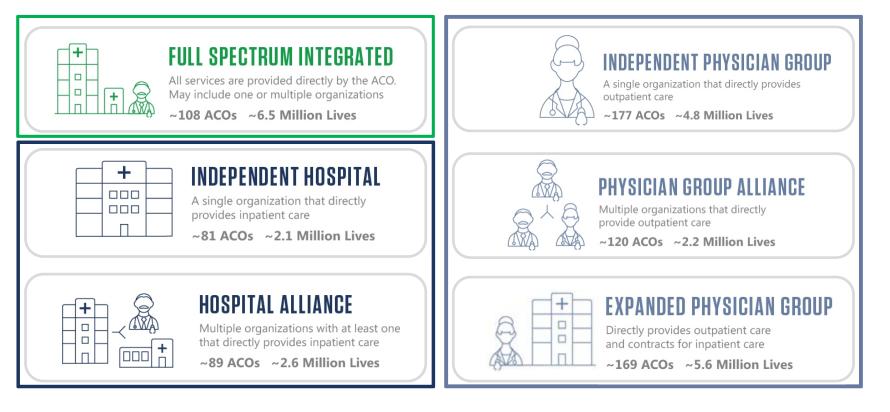
Total range of services either directly provided or through contracted provider

• Centralization

Number of decision-makers that comprise the ACO



6 ACO TYPES



TAXONOMY LEARNINGS – CHALLENGES BY TYPE





FULL SPECTRUM INTEGRATED

- Hospitals still viewed as revenue driver
- Many moving parts, change occur slowly



INDEPENDENT HOSPITAL

- Reliance on inpatient revenue
- Don't provide as many subspecialty or post-acute care services



INDEPENDENT PHYSICIAN GROUP

- Limited access to capital and heightened actuarial risk for losses given smaller patient populations
- Limited ability to influence inpatient or post-acute care

PHYSICIAN GROUP ALLIANCE

- Steep organizational learning curves
- Increased time requirements & complexities to integrate care coordination programs



HOSPITAL ALLIANCE

- EMR interoperability is a hurdle given the multiple owner structure
- Requires certain cultural compatibilities



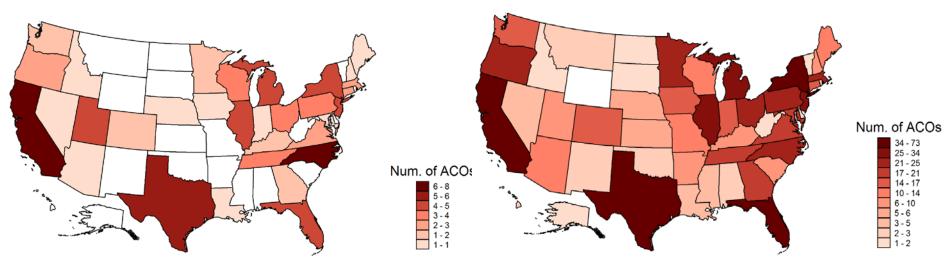
EXPANDED PHYSICIAN GROUP

- Barriers to establishing operational arrangements with hospitals
- Often include multiple disparate EMR platforms

SURVEYING THE FIELD

Surveyed ACOs by State

Existing ACOs by State



n=104

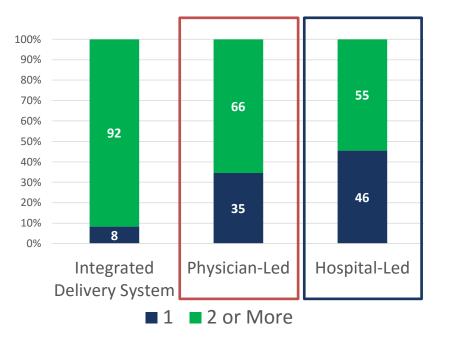
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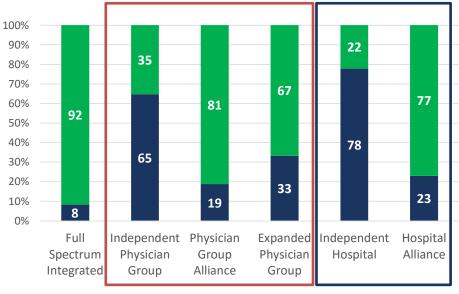




NUMBER OF CONTRACTS

Hospitals and physicians have same average number of contracts





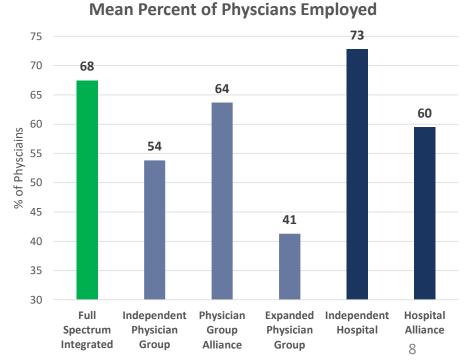
■1 ■2 or More



WORKING WITH PHYSICIANS

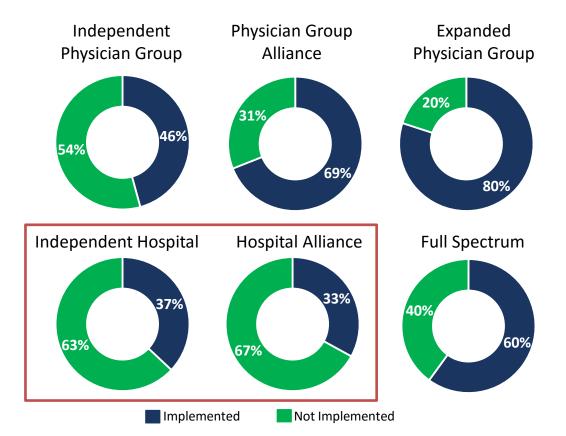
2000 1800 1800 1600 1400 1200 Physicians 1000 825 800 600 420 385 400 250 250 200 0 Independent Physician Hospital Full **Expanded** Independent Spectrum Physician Group Physician Hospital Alliance Integrated Group Alliance Group

Median Number of Physicians





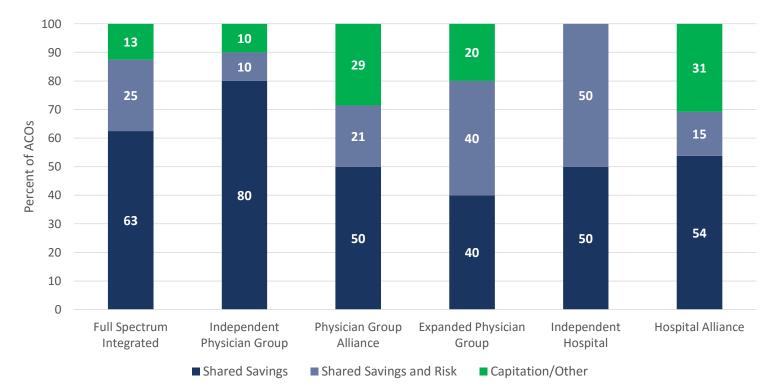
PREVENTABLE INPATIENT ADMISSIONS PROGRAM





Survey Analysis **MOST LIKELY NEXT CONTRACT**

Reluctance to move toward downside risk



EACH ACO IS NOT LIKE THE OTHER



Montefiore



FULL SPECTRUM INTEGRATED

Market:

Participants:

Covered Lives:

Programs:

Medicare Bonus Payments: Employed Physicians: 1,800 Non-employed Providers: 2,000 Hospitals: 4

Bronx, NY

>200,000 patients

Pioneer, Medicaid HMO, Commercial (UH, National Benefit Fund, EmblemHealth)

Average savings \$11.8M/year

Rio Grande Valley



PHYSICIAN GROUP ALLIANCE

Donna, TX

19 Physicians & 15 Mid-Levels

~6,000 patients

MSSP Round 1

Average savings \$9.7M/year

Memorial Hermann



Houston, TX

Employed Physicians: 170 Affiliated Physicians: 4,800 Hospitals: 13

>100,000 patients

MSSP Round 2, Commercial (Aetna, BCBSTX), Self-funded health plan

Average savings \$25.5M/year



MONTEFIORE ACO

Montefiore

- Structure/Leadership & Governance
 - Close alignment between employed and community providers
- Care Management Strategies
 - Target high-risk patients using patient assessments, prioritize substance abuse, mental health and financial distress
 - Experience with identifying patients' total universe of needs medical, mental, social
- **O** HIT
- Comprehensive data structure with shared accessibility
- Pioneered own IT solutions to meeting complicated care coordination requirements
- System-wide EMR, Clinical Looking Glass software to measure quality & identify gaps, Bronx Regional Health Information Organization (RHIO) registry

RIO GRANDE VALLEY ACO



- Structure/Leadership & Governance
 - Smaller leadership structure allows nimble & quick decisions/actions
 - Rapid learning cycle, fast implementation
- Care Management Strategies
 - LPNs execute high-touch chronic care management
 - Help patients immediately post-discharge
 - Care coordination system that provides similar services as home health companies at much lower price

• HIT

- 12 different EMR platforms lead to development of homegrown HIE & data warehouse solutions
- Technology has been biggest challenge as they are outgrowing their solution

PARTNE



MEMORIAL HERMANN ACO



- Structure/Leadership & Governance
 - Clinically integrated hospital and physician network
 - Strong foundation of PCPs who understand the concepts of cost and quality
 - Active, collaborative physician committees
- Care Management Strategies
 - Care coordinators focused on high-risk patients, 24/7 physician phone service
 - Meeting patient demand for convenient care 5 retail care clinics
- HIT
- HIE to connect primary, inpatient & outpatient centers
- Crimson Care Registry, a population management tool
- Capabilities to track total cost of care

KEY TAKEAWAYS

- Providers are meaningfully different
 - Recognize your needs, capabilities and opportunities
 - Know your population
- Don't reinvent the wheel
 - Constant, voracious learning
 - Learn from others, like you, that have made progress
- There is no single approach to managing a population
 - Start where you are
 - Specific payment models don't work for all providers





A health care intelligence business

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