

# **FIRST, KNOW THYSELF:** HOW DIFFERENT TYPES OF PROVIDERS ARE ENGAGING – AND SUCCEEDING – IN ALTERNATIVE PAYMENT MODELS

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Learning & Action Network Summit October 26, 2015



# **AN ACO IS LIKE A UNICORN**

Or, if you've seen one ACO, you've seen one ACO

Rather, ACOs are like animals...





# **DEVELOPMENT OF THE ACO TAXONOMY**

Goal to identify the structural differences of ACOs

### • Integration

Range of services directly furnished by the ACO

## • Differentiation

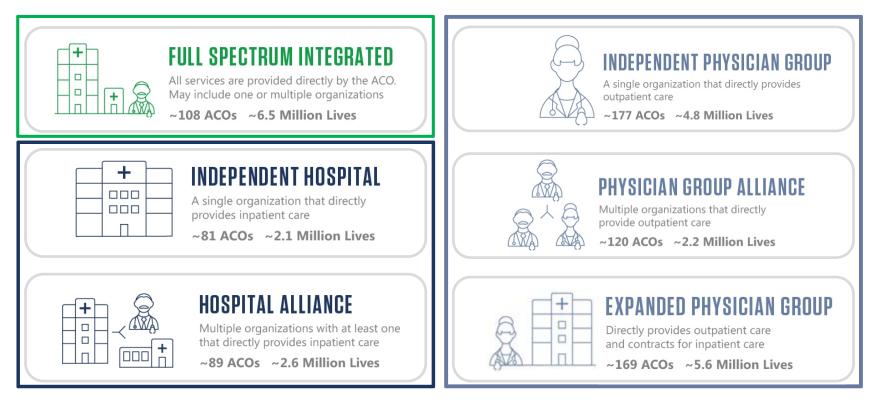
Total range of services either directly provided or through contracted provider

## • Centralization

Number of decision-makers that comprise the ACO



# **6 ACO TYPES**



# TAXONOMY LEARNINGS – CHALLENGES BY TYPE





## FULL SPECTRUM INTEGRATED

- Hospitals still viewed as revenue driver
- Many moving parts, change occur slowly



## INDEPENDENT HOSPITAL

- Reliance on inpatient revenue
- Don't provide as many subspecialty or post-acute care services



#### INDEPENDENT PHYSICIAN GROUP

- Limited access to capital and heightened actuarial risk for losses given smaller patient populations
- Limited ability to influence inpatient or post-acute care

## PHYSICIAN GROUP ALLIANCE

- Steep organizational learning curves
- Increased time requirements & complexities to integrate care coordination programs



## **HOSPITAL ALLIANCE**

- EMR interoperability is a hurdle given the multiple owner structure
- Requires certain cultural compatibilities



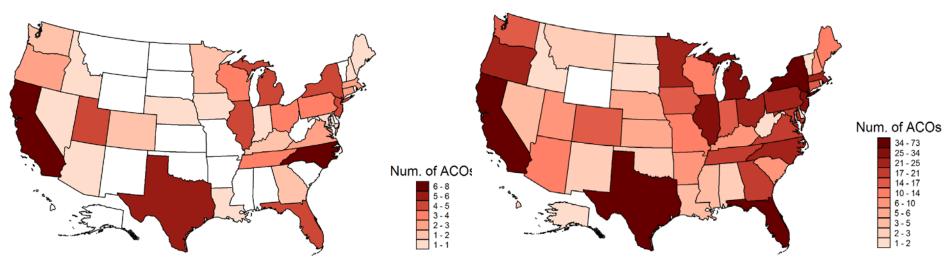
### **EXPANDED PHYSICIAN GROUP**

- Barriers to establishing operational arrangements with hospitals
- Often include multiple disparate EMR platforms

# SURVEYING THE FIELD

#### Surveyed ACOs by State

Existing ACOs by State



n=104

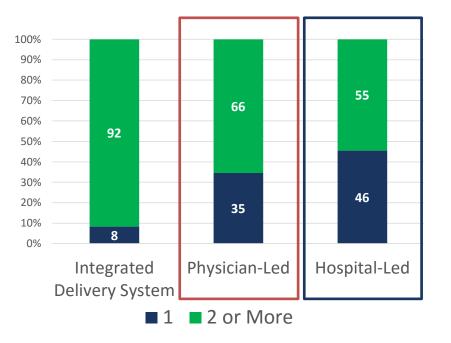
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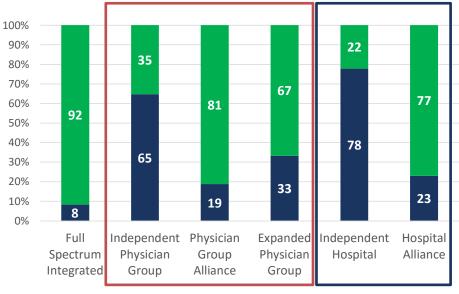




# **NUMBER OF CONTRACTS**

Hospitals and physicians have same average number of contracts





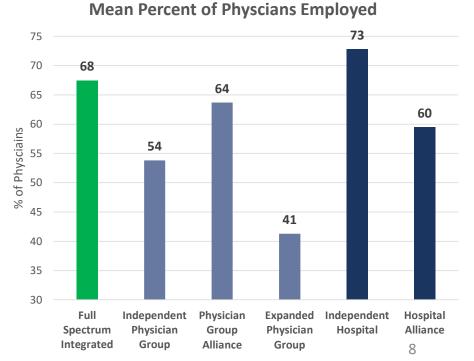
■1 ■2 or More



## **WORKING WITH PHYSICIANS**

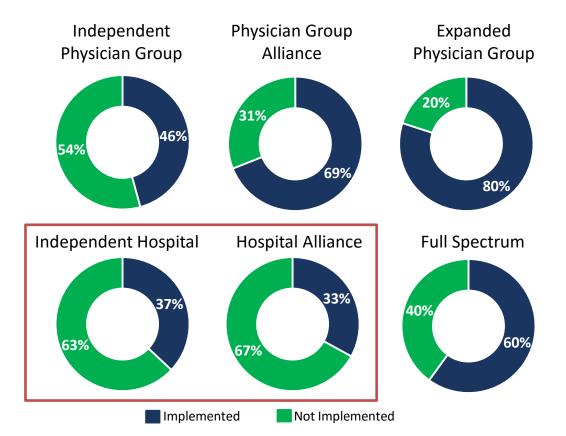
2000 1800 1800 1600 1400 1200 Physicians 1000 825 800 600 420 385 400 250 250 200 0 Independent Physician Hospital Full **Expanded** Independent Spectrum Physician Group Physician Hospital Alliance Integrated Group Alliance Group

**Median Number of Physicians** 





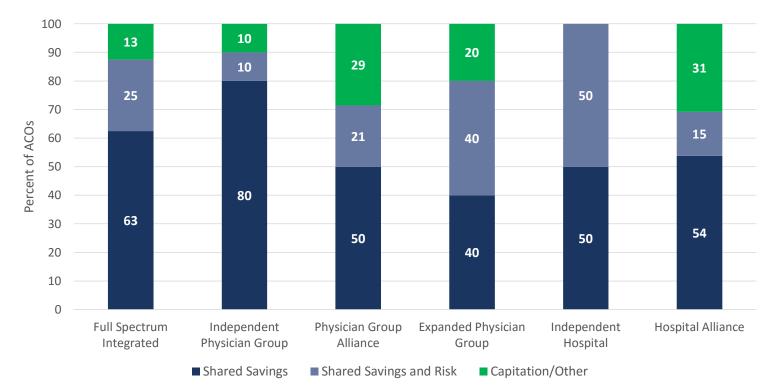
# **PREVENTABLE INPATIENT ADMISSIONS PROGRAM**





# Survey Analysis **MOST LIKELY NEXT CONTRACT**

#### Reluctance to move toward downside risk



# EACH ACO IS NOT LIKE THE OTHER



## Montefiore



FULL SPECTRUM INTEGRATED

Market:

**Participants:** 

**Covered Lives:** 

**Programs:** 

Medicare Bonus Payments: Employed Physicians: 1,800 Non-employed Providers: 2,000 Hospitals: 4

Bronx, NY

>200,000 patients

Pioneer, Medicaid HMO, Commercial (UH, National Benefit Fund, EmblemHealth)

Average savings \$11.8M/year

**Rio Grande Valley** 



PHYSICIAN GROUP ALLIANCE

Donna, TX

19 Physicians & 15 Mid-Levels

~6,000 patients

MSSP Round 1

Average savings \$9.7M/year

## Memorial Hermann



Houston, TX

Employed Physicians: 170 Affiliated Physicians: 4,800 Hospitals: 13

>100,000 patients

MSSP Round 2, Commercial (Aetna, BCBSTX), Self-funded health plan

Average savings \$25.5M/year



# **MONTEFIORE ACO**

# Montefiore

- Structure/Leadership & Governance
  - Close alignment between employed and community providers
- Care Management Strategies
  - Target high-risk patients using patient assessments, prioritize substance abuse, mental health and financial distress
  - Experience with identifying patients' total universe of needs medical, mental, social
- **O** HIT
- Comprehensive data structure with shared accessibility
- Pioneered own IT solutions to meeting complicated care coordination requirements
- System-wide EMR, Clinical Looking Glass software to measure quality & identify gaps, Bronx Regional Health Information Organization (RHIO) registry

# **RIO GRANDE VALLEY ACO**



- Structure/Leadership & Governance
  - Smaller leadership structure allows nimble & quick decisions/actions
  - Rapid learning cycle, fast implementation
- Care Management Strategies
  - LPNs execute high-touch chronic care management
  - Help patients immediately post-discharge
  - Care coordination system that provides similar services as home health companies at much lower price

#### • HIT

- 12 different EMR platforms lead to development of homegrown HIE & data warehouse solutions
- Technology has been biggest challenge as they are outgrowing their solution

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# MEMORIAL HERMANN ACO



- Structure/Leadership & Governance
  - Clinically integrated hospital and physician network
  - Strong foundation of PCPs who understand the concepts of cost and quality
  - Active, collaborative physician committees
- Care Management Strategies
  - Care coordinators focused on high-risk patients, 24/7 physician phone service
  - Meeting patient demand for convenient care 5 retail care clinics
- HIT
- HIE to connect primary, inpatient & outpatient centers
- Crimson Care Registry, a population management tool
- Capabilities to track total cost of care

## **KEY TAKEAWAYS**

- Providers are meaningfully different
  - Recognize your needs, capabilities and opportunities
  - Know your population
- Don't reinvent the wheel
  - Constant, voracious learning
  - Learn from others, like you, that have made progress
- There is no single approach to managing a population
  - Start where you are
  - Specific payment models don't work for all providers





## A health care intelligence business

LeavittPartners.com